

The Mission Prep Challenges

Optional challenges inspired by the First Presidency and Quorum of the Twelve Apostles. Complete them all and receive a Mission Prep Certificate.

01 Scripture Mastery & Spiritual Goals

- ☐ Read an unmarked Book of Mormon, marking every reference to Jesus Christ in red
- ☐ Memorize the Missionary Purpose, Joseph Smith's First Vision, and Moroni 10:3–5
- ☐ Keep a spiritual impressions journal
- ☐ Keep a gratitude journal

02 Missionary Experiences

- ☐ Invite the full-time missionaries to your home
- ☐ Give at least one referral
- ☐ Go teaching with the missionaries
- ☐ Invite someone to sacrament meeting or a Church activity

03 Leadership & Service

- ☐ Lead a family home evening
- ☐ Teach a lesson in elders quorum or Relief Society
- ☐ Participate in the Giving Machines or another major service project

04 Personal Preparation

- ☐ Learn to prepare three simple meals
- ☐ Research and record your family's conversion story
- ☐ Pray daily for the missionaries

“The single most important thing you can do to prepare for a call to serve is to become a missionary long before you go on a mission.”

ELDER DAVID A. BEDNAR



mymissionprep.com

Class every Sunday, 2:45–4:00, September through May
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